

Peterborough

Meditation Classes

Enjoy life through meditation
and take a step towards living stress free

Feel

Relaxed

Restored

& Refreshed



Weekly classes

Tuesdays

7:30pm - 9pm **£6**
Venue: Drolma Centre

Wednesdays

1pm - 2pm **£4**
Venue: Drolma Centre

Thursdays

12:30pm - 1pm **£3**
Venue: Eco Innovation Centre
Peterscourt, City Road
Peterborough PE1 1SA
(Opposite the Market Square)

Everybody welcome, no experience necessary

All sessions guided by a qualified teacher

... Just drop in

Drolma

Kadampa Buddhist Centre

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